



Thurston County Food Bank

FORKids Backpack Program Shopping List

All items should be single-serve and peanut free

- Individual Cereal Boxes and Cups of Instant Oatmeal
- Cereal and Granola Bars
- Juice Boxes (not pouches 100% real juice)
- Beanies and Weenies (flip top cans)
- Ravioli Cups
- Easy Mac & Cheese Packets
- Cup of Soup (not spicy)
- Tuna Packets
- Cheese & Crackers
- Fruit Cups
- Small Boxes of Dried Fruit (Raisins etc)